

2026-2027 RESIDENCY CLINICAL SEMINAR SERIES SCHEDULE

Fridays 8:00 a.m. – 10:00 a.m. (2 hours, unless specified otherwise) — Virtual (MS Teams)

The Clinical Seminar Series provides psychology residents an opportunity to learn about classic and present-day, mainstream theoretical approaches to psychopathology, applied interventions within these schools, and how to consider and integrate person, personality, individual differences and structural and systemic issues (culture, race/ethnicity, gender, sexual orientation and social class) in treatment. A framework to consider the integration of treatments and an integrative conceptualization of disorders is also proffered. Clinical case discussions and experiential role-plays will be used when appropriate to support learning of clinical theory and application.

Statutory holidays (Ontario): Three Fridays fall on an Ontario statutory holiday — December 25, 2026 (Christmas Day), January 1, 2027 (New Year's Day), and March 26, 2027 (Good Friday). The office is closed and no seminar is held; these are noted inline below.

September 1, 2026

Residency Orientation (Dr. Marc Bedard, C.Psych.; 9:00 a.m. – 12:00 p.m.)

Residency Overview: Training Plan Development and Developmental Evaluation Framework; Clinical Residency Activities Across the Year; Workload Expectations Within Residency: Treatment, Assessment, Training and Supervision, Blog Posts and Marketing, Program Evaluation; Grievance & Related Policies

Administrative Tasks: Completing Weekly Workload and Hours Tracker; Reporting of Vacations, Sick Days, Professional Days; Evaluations; Office Cleanliness and Professionalism

Case Management & Supervision: Use of Penelope & Client Connect as Supervisee; Supervision Processes (Notes and Excel File); Use of Technology and Process of Supervising Supervisees

Crisis Management: Emergency Workflow, Notifications, and Processes

Clinician Self-Care & Growth: In-Session, After and Between-Session Care Strategies, Work-Life Balance

Resources: Residency Reading List; Associate SharePoint – Access to All Past Training Workshops

Finance Meeting: Penelope Basic Concepts; Use of Reporting in Penelope; Invoicing, Cancellation Fees, and Third-Party Payments (Daniel Dubreuil; 1:30 p.m. – 3:00 p.m.)

Facilities Meeting: (Toronto: Dr. Lila Hakim, C.Psych.; Ottawa: Naim Assemani, M.A.; 3:00 p.m. – 4:00 p.m.)

September 2, 2026

General Clinical Orientation (Dr. Marc Bedard, C.Psych., Dr. Lila Hakim, C.Psych., & Dr. Dino Zuccarini, C.Psych.; 8:00 a.m. – 12:00 p.m.)

CFIR Organizational Structure: Leadership Team; Partnership Levels; Directors; Administration and Accounting; Associates;

Trainees; Who to Contact; Services and Clinics at CFIR; CFIR Clinical Committee, Values, Membership, Activities

Ethics and the Professional Clinician: Ethics and Jurisprudence, and Standards of Professional Conduct; Ethical Decision-Making; Confidentiality and Privacy Regulations; CFIR Privacy Policy; Consent Forms; Privacy/Confidentiality in Internal and External Communications; Multiple Roles and Conflicts of Interest; Clinical Boundaries and Therapeutic Touch/Appropriateness; Areas of Practice and Use of Titles

Clinical Management and Server Use: Using Penelope & Client Connect; Service Organization: Private Drive, Group Drive, Server Etiquette

Typical New Client Processes at CFIR: Intake, Referrals, Free Consultations; First Session Checklist; Informed Consent and Consent to Release Information; Collaborative Goal Setting and Managing Treatment Expectations; Internal Referrals; Introduction to GBA: Background, Rationale, & Test Inventory; Assessment Services: Psychological, Psychoeducational, Neuropsychological; Treatment Monitoring (ORS-SRS)

Client Retention: Client Retention Strategies (*Video); Email Templates (e.g., Reach Back)

CFIR's Integrative Approach to Treatment: Understanding Cognition, Affect/Emotional Reactions/Responses, Somatic Responses and Behaviour from a Developmental Viewpoint

Therapeutic Relationship: A Bio-Psycho-Socio-Cultural System: Diverse Perspectives on the Therapeutic Relationship; Being and Relating, Doing and Tasking: Epistemological and Ontological Considerations for the Integrative Therapist; Therapeutic Ruptures and Repair

Social Lunch (Toronto: Drs. Lila Hakim, C.Psych. & Dino Zuccarini, C.Psych. with Toronto Residents; Ottawa: Dr. Marc Bedard, C.Psych. & Naim Assemani, M.A. with Ottawa Residents; 12:00 p.m. – 1:15 p.m.)

Mock Initial In-Person Sessions (Toronto: Drs. Dino Zuccarini, C.Psych. & Lila Hakim, C.Psych.; Ottawa: Dr. Marc Bedard, C.Psych.; 3:30 p.m. – 4:15 p.m.)

September 3, 2026

Introduction to the CFIR Residency Didactic Series (Dr. Dino Zuccarini, C.Psych.)

Special Topic: Polyvagal Theory and Interventions, Trauma and Behavioural Stabilization Skills, Self and Emotion Regulation Skills (Dr. Dino Zuccarini, C.Psych.; 8:00 a.m. – 11:00 a.m.)

Q&A with Director of Training (Dr. Marc Bedard, C.Psych.; 3:00 p.m. – 4:00 p.m.)

September 4, 2026

Assessment: Assessing ASD/ADHD (Dr. Marc Bedard, C.Psych.; 8:00 a.m. – 11:00 a.m.)

	<i>Assessment:</i> Psychodiagnostic Assessments (Drs. Marc Bedard & Lila Hakim, C.Psych.; 11:00 a.m. – 2:00 p.m.; Lunch 12:00 p.m. – 1:00 p.m.)
	<i>Special Topic:</i> ADHD and Executive Functioning Skills Coaching (Naim Assemani, M.A.; 2:00 p.m. – 5:00 p.m.)
September 8, 2026	<i>Assessment:</i> Introduction to GBA (Drs. Aleks Milosevic, C.Psych., Jean Kim, C.Psych., & Dino Zuccarini, C.Psych.; 8:00 a.m. – 12:00 p.m.)
September 11, 2026	<i>Special Topic:</i> Foundations of Couple and Adult Family Therapy (Dr. Dino Zuccarini, C.Psych.; 8:00 a.m. – 3:00 p.m.; Lunch 12:00 p.m. – 1:00 p.m.)
September 18, 2026	<i>Special Topic:</i> Evidence-Based Supervision and Professional Identity Development (Dr. Jean Kim, C.Psych.)

The Humanistic-Experiential Narratives: Working with Client Experience

September 25, 2026	Rogers' Client-Centred Theory (Dr. Jean Kim, C.Psych.) Toukmanian's Perceptual Processing Theory (Dr. Lila Hakim, C.Psych.)
October 2, 2026	Experiencing Scale and Levels of Perceptual Processing Scale (Drs. Jean Kim & Lila Hakim, C.Psych.) Working with Client Experience: Experiential Interventions and Basic Skills (Drs. Jean Kim, Lila Hakim & Dino Zuccarini, C.Psych.)

Psychoanalytic Narratives: A Developmental View of Client Distress

October 9, 2026	Psychoanalytic/Psychodynamic Therapies: From Freud to Contemporary Psychoanalysis (Dr. Dino Zuccarini, C.Psych.) Central Tenets of Psychoanalytic Theories (Dr. Dino Zuccarini, C.Psych.) Transference and Countertransference and the Unconscious (Dr. Shaofan Bu, C.Psych.)
October 16, 2026	Ego Capacities and Defences (Dr. Dino Zuccarini, C.Psych.) Psychoanalytic Interventions (Dr. Dino Zuccarini, C.Psych.)
October 23, 2026	Levels of Personality Functioning (Dr. Shaofan Bu, C.Psych.)
October 30, 2026	Bowlby's Attachment Theory (Dr. Dino Zuccarini, C.Psych.)
November 6, 2026	Bowlby's Attachment Theory (Dr. Dino Zuccarini, C.Psych.)
November 13, 2026	Fonagy's Mentalization Theory (Dr. Dino Zuccarini, C.Psych.)
November 20, 2026	Attachment Theory: Case Conceptualization and Intervention (Dr. Dino Zuccarini, C.Psych.)
November 27, 2026	Mahler's Separation-Individuation Theory (Dr. Dino Zuccarini, C.Psych.)

December 4, 2026	Mahler's Separation-Individuation Theory (Dr. Dino Zuccarini, C.Psych.)
December 11, 2026	Separation-Individuation Theory: Case Conceptualization and Intervention (Dr. Dino Zuccarini, C.Psych.)
December 18, 2026	Kohut's Self Psychology Theory (Dr. Dino Zuccarini, C.Psych.)
December 25, 2026	Statutory Holiday — Christmas Day (Office closed; no seminar)
January 1, 2027	Statutory Holiday — New Year's Day (Office closed; no seminar)
January 8, 2027	Kohut's Self Psychology Theory (Dr. Dino Zuccarini, C.Psych.)
January 15, 2027	Self Psychology Theory: Case Conceptualization and Intervention (Dr. Dino Zuccarini, C.Psych.)
January 22, 2027	Winnicott's True-Self, False-Self Theory: Case Conceptualization and Intervention (Dr. Dino Zuccarini, C.Psych.)

Program Evaluation, and Professional Consultation

January 29, 2027	Program Development & Evaluation (Dr. Jonathan Samosh, C.Psych.)
February 5, 2027	Consulting with Other Care Providers and Organizations (Dr. Lila Hakim, C.Psych.)

Emotion-Focused & Existential Narratives: Working with Emotions and Existential Issues

February 12, 2027	Greenberg's Emotion-Focused Therapy (Dr. Jean Kim, C.Psych.)
February 19, 2027	Greenberg's Emotion-Focused Therapy: Case Conceptualization and Intervention (Dr. Jean Kim, C.Psych.)
February 26, 2027	Gendlin's Focusing: Case Conceptualization and Intervention (Dr. Jean Kim, C.Psych.)
March 5, 2027	Existential Therapy (Dr. Jennifer Bradley, C.Psych.)

The Cognitive-Behavioural and Third Wave Narratives: Working with Cognition and Behaviour

March 12, 2027	Cognitive-Behavioural Theory Cognitive-Behavioural Therapy for Depression: Case Conceptualization and Intervention (Dr. Robbie Woods, C.Psych.)
March 19, 2027	Cognitive-Behavioural Therapy for Generalized Anxiety and Social Anxiety: Case Conceptualization and Intervention (Dr. Robbie Woods, C.Psych.)
March 26, 2027	Statutory Holiday — Good Friday (Office closed; no seminar)
April 2, 2027	Cognitive-Behavioural Therapy for Obsessive-Compulsive Disorder: Case Conceptualization and Intervention (Dr. Robbie Woods, C.Psych.)
April 9, 2027	Dialectical Behaviour Therapy (Dr. Robbie Woods, C.Psych.)

April 16, 2027	Acceptance and Commitment Therapy (Dr. Robbie Woods, C.Psych.)
April 23, 2027	Transdiagnostic Model of Cognitive Behavioural Therapy (Dr. Robbie Woods, C.Psych.)

Post-modern, Anti-Oppressive, & Anti-Racist Clinical Narratives: Understanding Structural and Systemic Aspects of Client Distress

April 30, 2027	Post-Modern, Anti-Oppressive, Anti-Racist, and Anti-Discriminatory Framework for Psychological Services (Dr. Dino Zuccarini, C.Psych.)
May 7, 2027	Transference and Countertransference: Recognizing Your Own Socio-Cultural, Historical Biases and Embeddedness In-Session (Dr. Lila Hakim, C.Psych.) Oppression in Cross-Cultural Counselling: Ethno-racial Minority Clients and White Therapists (Dr. Lila Hakim, C.Psych. & Whitney Reinhart, R.P.)
May 14, 2027	Working with BIPOC Populations: A Presentation and Discussion With BIPOC Clinicians (Drs. Lila Hakim & Jean Kim, C.Psych., & John Harrison, R.P.)
May 21, 2027	<i>Assessment:</i> Psychological Assessment for Immigration & Refugee Clients (Sylvie Okros, J.D., & Laïla Demirdache, J.D.)
May 28, 2027	Braiding Knowledge: Indigenous Pathways to Healing: A Presentation and Discussion with an Indigenous Psychologist (Dr. Jennifer Mervyn, R.Psych.)
June 4, 2027	Working with 2SLGBTQ+ Populations: A Presentation and Discussion with 2SLGBTQ+ Psychologists (Drs. Dino Zuccarini & Joshua Peters, C.Psych.)

Integrative Approaches to Clinical Presentations

June 11, 2027	Introduction to Integrative Therapy (Drs. Dino Zuccarini & Jean Kim, C.Psych.)
June 18, 2027	An Integrative Approach to Depression: Case Conceptualization and Intervention (Drs. Dino Zuccarini & Jean Kim, C.Psych.)
June 25, 2027	An Integrative Approach to Social Anxiety, and Generalized Anxiety Disorders: Case Conceptualization and Intervention (Drs. Dino Zuccarini & Jean Kim, C.Psych.)
July 2, 2027	An Integrative Approach to Eating Disorders: Case Conceptualization and Intervention (Dr. Jean Kim, C.Psych.)
July 9, 2027	An Integrative Approach to Substance Use Disorders: Case Conceptualization and Intervention (Dr. Aleks Milosevic, C.Psych.)
July 16, 2027	An Integrative Approach to Autism Spectrum Disorder and Attention-Deficit/Hyperactivity Disorder (Dr. Marc Bedard, C.Psych. & John Harrison, R.P.)

July 23, 2027	An Integrative Approach to Complex Trauma: An Introduction (Dr. Dino Zuccarini, C.Psych.)
July 30, 2027	An Integrative Approach to Complex Trauma: Ego State Therapy, Internal Family Systems Theory, Somatic Experiencing, Sensorimotor Psychotherapy (Whitney Reinhart, R.P. & Dr. Dino Zuccarini, C.Psych.)
August 6, 2027	Discussion: A Neuroscience-Informed, Developmentally-Oriented, Integrative Model (Drs. Dino Zuccarini & Jean Kim, C.Psych. & John Harrison, R.P.)

Treatment Termination & Wrapping Up

August 13, 2027	Treatment Termination: Clinical, Practical & Ethical Considerations (Dr. Jean Kim, C.Psych.)
August 20, 2027	Resident Case Presentations (Drs. Dino Zuccarini, Lila Hakim, Jean Kim & Marc Bedard, C.Psych.; All Resident Supervisors)
August 27, 2027	Wrap-Up: Reflections and Evaluation (Drs. Dino Zuccarini, Lila Hakim, Jean Kim & Marc Bedard, C.Psych.; All Resident Supervisors)