



CENTRE FOR INTERPERSONAL RELATIONSHIPS

2025-2026 RESIDENCY CLINICAL SEMINAR SERIES SCHEDULE

Facilitated by: Drs. Dino Zuccarini & Jean Kim, C.Psych.
Mondays 8:00 a.m. – 10:00 a.m. (2 hours, unless specified otherwise) Virtual (Huddle)

The Clinical Seminar Series provides psychology residents an opportunity to learn about the present-day, mainstream theoretical approaches to psychopathology, applied interventions within these schools, and how to consider person, personality and individual differences, culture and race/ethnicity in treatment. A framework to consider the integration of treatments and an integrative conceptualization of disorders is also proffered. Clinical case discussions and experiential role-plays will be used when appropriate to support learning of clinical theory and application.

September 3, 2025

General Clinical Orientation (Dr. Marc Bedard, C.Psych., Dr. Lila Hakim, C.Psych., & Dr. Dino Zuccarini, C.Psych.; 9:00am-2:00pm)

CFIR Organizational Structure: Leadership Team; Partnership Levels; Directors; Administration and Accounting; Associates; Trainees; Who to Contact; Services and Clinics at CFIR; CFIR Clinical Committee, Values, Membership, Activities

Ethics and the Professional Clinician: Ethics and Jurisprudence, and Standards of Professional Conduct; Ethical-Decision Making; Confidentiality and Privacy Regulations; CFIR Privacy Policy; Consent Forms; Privacy/Confidentiality in Internal and External Communications; Multiple Roles and Conflicts of Interest; Clinical Boundaries and Therapeutic Touch/Appropriateness; Areas of Practice and Use of Titles

Clinical Management and Server Use: Using Penelope & Client Connect; Service Organization: Private Drive, Group Drive, Server Etiquette

Typical New Client Processes at CFIR: Intake, Referrals, Free Consultations; First Session Checklist; Informed Consent and Consent to Release Information; Collaborative Goal Setting and Managing Treatment Expectations; Internal Referrals; General Battery Assessment: Background, Rational, & Test Inventory; Assessment Services: Psychological, Psychoeducational, Neuropsychological; Treatment Monitoring (ORS-SRS)

Client Retention: Client Retention Strategies (*Video); Reach Backs/Emails

Therapeutic Relationship: A Bio-Psychological-Socio-Cultural System:
Diverse Perspectives on the Therapeutic Relationship; Being and Relating,
Doing and Tasking: Epistemological and Ontological Considerations for the
Integrative Therapist; Therapeutic Ruptures and Repair

CFIR's Integrative Approach to Treatment: Developmental Model: 3
Developmental Trajectories; Understanding Cognition, Affect/Emotional
Reactions/Responses, Somatic, Behaviour, Relationship to Self and Other,
Using These Trajectories

September 4, 2025

Residency at CFIR: Reviewing Processes and Procedures (Dr. Marc
Bedard, C.Psych.; 2:00p.m.-4:00p.m.)

Residency Overview: Training Plan Development and Developmental
Evaluation Framework; Clinical Residency Activities Across the Year;
Workload Expectations Within Residency: Treatment, Assessment, Training
and Supervision, Blog Posts and Marketing, Program Evaluation

Administrative Tasks: Completing Weekly Workload and Hours Tracker;
Reporting of Vacations, Sick Days, Professional Days; Evaluations; Office
Cleanliness and Professionalism

Case Management & Supervision: Use of Penelope & Client Connect as
Supervisee; Supervision Processes (Notes and Excel File)

Crisis Management: Emergency Workflow, Notifications, and Processes

Clinician Self-Care & Growth: In-Session, After and Between-Session Care
Strategies; Residency Reading List; Complex Trauma Workshop Series
(*Videos)

September 8, 2025

Introduction to the CFIR Residency Didactic Series: Three Developmental
Trajectories and An Integrative Approach to Treatment (Dr. Dino Zuccarini,
C.Psych.)

Therapeutic Relationship: Alliance (Goals, Bonds, Tasks), Rogerian
Conditions, Psychoanalytic Modes of Therapeutic Engagement, Being and
Relating, Doing and Tasking, Following vs Leading, Closeness vs Distance,
Affective and Nervous System Co-Regulation, Culture/Race, Counter-

transference-transference/Re-Enactments

Integrative Phase Specific Model of Treatment: 1) Safety-Security, 2) Stabilization-Activation, 3) Ego Strengthening & Resiliency, 4) Representational Change, 5) Mobilization & Consolidation (Dr. Dino Zuccarini, C.Psych.)

Complex Trauma, Trauma-Informed Clinical Narratives; Introduction to Integration

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| September 15, 2025 | Complex Trauma Treatment: An Introduction (Dr. Dino Zuccarini, C.Psych.) |
| September 22, 2025 | Polyvagal-Informed Treatment & Basic Stabilization Skills (Dr. Dino Zuccarini, C.Psych.) |
| September 29, 2025 | Ego State Therapy, Internal Family Systems Theory, Somatic Experiencing, Sensorimotor Psychotherapy (Whitney Reinhart, R.P. & Dr. Dino Zuccarini, C.Psych.) |

Psychoanalytic Narratives: Part I

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| October 6, 2025 | Psychoanalytic/Psychodynamic Therapies: Central Tents (Dr. Dino Zuccarini, C.Psych. or Dr. Jean Kim, C.Psych.)

Freud Onward: An Historical Overview |
| October 13, 2025 | Holiday (Office closed; No seminar) |
| October 20, 2025 | Levels of Personality Functioning (Neurotic versus Borderline) and Defenses (Dr. Dino Zuccarini, C.Psych. or Dr. Jean Kim, C.Psych.) |
| October 24, 2025 | Healing the Fragment Selves of Trauma Survivors: Trauma Informed Stabilization Treatment (Dr. Janina Fisher, Ph.D.) |
| October 27, 2025 | <i>Special Topic:</i> Assessing ADHD with Adults (Dr. Peter Egeto, C.Psych.) |
| November 3, 2025 | <i>Special Topic:</i> ADHD and Executive Functioning Skills Coaching (Dr. Marc Bedard, C.Psych. and Naim Assemani, M.A.) |

The Psychoanalytic Narratives: Part II

November 10, 2025	Attachment Theory (Dr. Dino Zuccarini, C.Psych. or Dr. Jean Kim, C.Psych.)
November 17, 2025	Attachment Theory & Mentalization (Dr. Dino Zuccarini, C.Psych. or Dr. Jean Kim, C.Psych.)
November 24, 2025	Attachment Theory: Case Conceptualization (Dr. Dino Zuccarini, C.Psych. or Dr. Jean Kim, C.Psych.)
December 1, 2025	Separation-Individuation Theory (Dr. Dino Zuccarini, C.Psych. or Dr. Jean Kim, C.Psych.)
December 8, 2025	<i>Special Topic:</i> Assessing Autism with Adults (Dr. Marc Bedard, C.Psych.)
December 15, 2025	Separation-Individuation Theory: Case Conceptualization
December 22, 2025	Self Psychology Theory (Dr. Dino Zuccarini, C.Psych. or Dr. Jean Kim, C.Psych.)
December 29, 2025	Holiday Season (No Seminar)
January 5, 2026	Self Psychology Theory: Case Conceptualization (Dr. Dino Zuccarini, C.Psych. or Dr. Jean Kim, C.Psych.)
January 12, 2026	Couples Therapy (Dr. Dino Zuccarini, C.Psych.)
January 19, 2026	Couples Therapy (Dr. Dino Zuccarini, C.Psych.)
January 26, 2026	Family Therapy with Adults (Dr. Lila Hakim, C.Psych.)
<u>Program Evaluation, Supervision, and Professional Identity</u>	
February 2, 2026	Program Development & Evaluation (Jonathan Samosh, M.Sc.)
February 9, 2026	Evidence-Based Supervision & Evaluation of Supervision (Dr. Jean Kim, C.Psych.)
February 16, 2026	Professional Identity Development
<u>The Humanistic-Experiential-Existential Narratives</u>	

February 23, 2026	Existential Therapy (Dr. Jennifer Bradley, C.Psych.)
March 2, 2026	Client-Centred Therapy (Dr. Jean Kim, C.Psych.)
March 9, 2026	Client-Centred Therapy (Dr. Jean Kim, C.Psych.)
March 16, 2026	Focusing (Dr. Jean Kim, C.Psych.)
March 23, 2026	Perceptual Processing Theory (Dr. Lila Hakim, C.Psych.)
March 30, 2026	Experiencing Scale and Levels of Perceptual Processing; (Dr. Jean Kim, C.Psych. & Dr. Lila Hakim, C.Psych.)
April 6, 2026	Holiday (office closed; no seminar)
April 13, 2026	Emotion-Focused Therapy (Dr. Jean Kim, C.Psych.)
April 20, 2026	Emotion-Focused Therapy (Dr. Jean Kim, C.Psych.)
<u>The Cognitive-Behavioural and Third Wave Narratives</u>	
April 27, 2026	Dialectical Behaviour Therapy (Dr. Marc Bedard, C.Psych.)
May 4, 2026	Cognitive-Behavioural Theory; Cognitive-Behavioural Therapy: Depression, Generalized Anxiety, and Social Anxiety (Dr. Marc Bedard, C.Psych.)
May 11, 2026	Cognitive-Behavioural Therapy: Obsessive-Compulsive Disorder (Dr. Marc Bedard, C.Psych.)
May 18, 2026	Holiday (Office closed; No seminar)
May 25, 2026	Acceptance and Commitment Therapy (TBD)
<u>Post-modern, Feminist, Anti-Oppressive Clinical Narratives</u>	
June 1, 2026	Introduction to post-modern, feminist, anti-oppressive approaches: <i>GTA – Indigenous Interculturalism (TBD virtual/in person, 9am-12pm)</i>
June 8, 2026	Understanding Psychological Help-Seeking Among Black Canadians and

	How to Support Black Therapy Clients (Dr. Renée Taylor, C.Psych.)
June 15, 2026	Transference and Countertransference: Recognizing Your Own Socio-Cultural, Historical Biases and Embeddedness In-Session / Oppression in Cross-Cultural Counselling: Ethno-racial Minority Clients and White Therapists (Whitney Reinhart, M.A., R.P.)
June 22, 2026	Working with 2SLGBTQ+ Populations (Dr. Dino Zuccarini, C.Psych.)
	<u>Integrative Approaches to Clinical Presentations</u>
June 29, 2026	An Integrative Approach to Complex Trauma (Dr. Dino Zuccarini, C.Psych.)
July 6, 2026	Generalized Anxiety Disorder & Depressive Disorders: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.)
July 13, 2026	Social Anxiety Disorder: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.) (Dr. Dino Zuccarini, C.Psych.)
July 20, 2026	Eating Disorders: An Integrative Approach (Dr. Jean Kim, C.Psych.)
	<u>Treatment Termination & Wrapping Up</u>
July 27, 2026	Treatment Termination: Clinical, Practical & Ethical Considerations (Dr. Jean Kim, C.Psych.)
August 3, 2026	Resident Program Evaluation/Development Presentations
August 10, 2026	Resident Case Presentations
August 17, 2026	Resident Case Presentations
August 24, 2026	Wrap-Up: Reflections and Evaluation (Dr. Jean Kim, C.Psych.)