



CENTRE FOR INTERPERSONAL RELATIONSHIPS

2022-2023 RESIDENCY CLINICAL SEMINAR SERIES SCHEDULE

Facilitated by: Drs. Jean Kim, C.Psych., Dr. Aleks Milosevic, C.Psych., Dr. Dino Zuccarini, C.Psych.
Fridays 8:30 a.m. – 10:30 a.m. (2 hours, unless specified otherwise)
In-person and/or virtual (Huddle link)

The Clinical Seminar Series provides psychology residents an opportunity to learn about the present-day, mainstream theoretical approaches to psychopathology, applied interventions within these schools, and how to consider person, personality and individual differences, culture and race/ethnicity in treatment. A framework to consider the integration of treatments and an integrative conceptualization of disorders is also proffered. Clinical case discussions and experiential role-plays will be used when appropriate to support learning of clinical theory and application.

September 1, 2022

Starting Up! Part 1 (Dr. Jean Kim, C.Psych, Dr. Aleks Milosevic, C.Psych.;
9:00am-5:00pm)

CFIR Organizational Structure and Clinical Committee Values

Residency at CFIR: Overview, Processes, & Procedures

Ethics and the Professional Psychologist: Ethics and Jurisprudence:
Standards of Professional Conduct; Ethical-Decision Making; Confidentiality
and Privacy Regulations; Consent Forms

Competencies and Professional Boundaries

Case Management & Supervision: Penelope & Client Connect, Supervision
Processes

Intakes & Referrals: Intake Process; Assessing Appropriateness of Referral;
Facilitating In-House Referrals; Release of Information Form; Website Profile
as Referral Tool

Free Consultations: Process Overview; Converting to First Session (*Video)

September 2, 2022

Starting Up! Part 2 (Dr. Jean Kim, C.Psych, Dr. Aleks Milosevic, C.Psych.; 9:00am-5:00pm)

First Sessions: First Session Checklist; Informed Consent; Confidentiality and Privacy; Consent to Release Information; Collaborative Goal Setting and Managing Treatment Expectations; Talking to Clients about Assessment; Treatment Monitoring (ORS-SRS)

Assessment to Treatment: Moving from Goal Setting to Assessment (General Battery Testing) to Diagnosis to Conceptualization to Treatment Planning to Applied Intervention Considerations

General Battery Testing (*Video) & Case Conceptualization

Client Retention Strategies (*Video)

Reach Backs/Emails: 1st Session, Post-2-3 Weeks, Final, End of Year, Vacation/Holiday Season

Crisis and Risk Management: Managing In-Session Crisis; Suicide & Homicide Risk Assessment and Interventions; Complex Clients and Difficult Scenarios

Clinician Self-Care: In-Session, After and Between-Session Care Strategies

September 6, 2022

Therapeutic Relationship, Client Factors, Integrative Treatment & Stabilization/Crisis/Risk Management (Dr. Jean Kim, C.Psych., Dr. Aleks Milosevic, C. Psych.; 9:00am-5:00pm)

Therapeutic Relationship: Psycho-Sociocultural-Physiological-Affective Regulation System

Developmental & Neurophysiological View of Psychopathology: Psychoanalytic Theory, Attachment, Separation-Individuation, Narcissism

Integrative Treatment: Epistemological and Ontological Considerations; Being & Relating and Doing & Tasking

Personality/Client-Factors/Diversity Factors in Therapeutic Relationship

Complex Trauma: Stabilization Skills

Termination: Practical and Clinical Considerations (*Video); Therapeutic Relationship Considerations; Complex Client Reactions

Basic Clinical Skills & Experiential Role Plays: Listening, Reflection, Validation, Experiential Tracking, Being-Relating

The Psychoanalytic Narratives

- September 9, 2022 Psychoanalytic/Psychodynamic Therapies: An Introduction (Dr. Dino Zuccarini, C.Psych.)
- September 16, 2022 Psychoanalytic/Psychodynamic Therapies: An Introduction (Dr. Dino Zuccarini, C.Psych.)
- Ottawa-Wide Resident Social Event** (In person; 4:00pm)
- September 23, 2022 Attachment Theory (Dr. Dino Zuccarini, C.Psych.)
- September 30, 2022 Attachment Theory & Mentalization (Dr. Dino Zuccarini, C.Psych.)
- GTA-Wide Seminar: Tricky Ethical Issues** (Rick Morris; 9:00am – 12:00pm)
- October 7, 2022 Attachment Theory: Case Conceptualization (Dr. Dino Zuccarini, C.Psych.)
- October 14, 2022 Couples Therapy (Dr. Dino Zuccarini, C. Psych.)
- CCPPP: TBD** (12:00pm-2:30pm)
- October 21, 2022 Separation-Individuation Theory I (Dr. Dino Zuccarini, C.Psych.)
- Ottawa-Wide Seminar: Boundaries** (Dr. Alex Rozen, C.Psych; 1:00pm – 2:30pm)
- October 28, 2022 Separation-Individuation Theory II (Dr. Dino Zuccarini, C.Psych.)
- November 4, 2022 Separation-Individuation Theory: Case Conceptualization (Dr. Dino Zuccarini, C.Psych)

November 11, 2022	True Self-False Self / Self Psychology (Dr. Dino Zuccarini, C.Psych.)
November 18, 2022	GTA-Wide Seminar: Supervision (Dr. Diana Brecher, C.Psych.; 9:00am – 12:00pm)
	Ottawa-Wide Seminar: Cultural and Individual Differences - Disabilities (Dr. Amanda Pontefract, C.Psych; 1:00pm – 2:30pm)
	Ottawa-Wide Seminar: Cultural and Individual Differences – Two Indigenous Perspectives (Dr. Hazen Gandy; 3:00pm – 4:30pm)
November 25, 2022	Self Psychology II (Dr. Dino Zuccarini, C.Psych.)
December 2, 2022	Self Psychology: Case Conceptualization (Dr. Dino Zuccarini, C.Psych.)
December 9, 2022	Levels of Personality Functioning (Neurotic versus Borderline) and Defenses (Dr. Aleks Milosevic, C.Psych.)
	Ottawa-Wide Seminar: Licensure in Ontario (Dr. Mark Coates, C.Psych; 1:00pm – 4:00pm)
	Ottawa-Wide Suggested Resident Social
	<u>Program Evaluation & Supervision</u>
December 16, 2022	Program Development & Evaluation (Jonathan Samosh, B.A.)
December 23, 2022	Evidence-Based Supervision & Evaluation of Supervision / Professional Identity Development & Licensing Requirements (Dr. Aleks Milosevic, C.Psych.)
December 30, 2022	Holiday (office closed; no seminar)
	<u>The Humanistic-Experiential-Existential Narratives</u>
January 6, 2023	Client-Centered Therapy I (Dr. Dino Zuccarini, C.Psych.)
January 13, 2023	Client-Centered Therapy II: Experiential Role Plays (Dr. Dino Zuccarini, C.Psych.)

Ottawa-Wide Seminar: Ethics (Rick Morris; 1:00pm – 4:00pm)

January 20, 2023 Focusing (Dr. Dino Zuccarini, C.Psych.)

January 27, 2023 Perceptual Processing Therapy (Dr. Lila Hakim, C.Psych.)

Ottawa-Wide Seminar: Supervision (TBD; 1:00pm – 4:00pm)

February 3, 2023 Emotion-Focused Therapy I (Dr. Dino Zuccarini, C.Psych.)

February 10, 2023 Emotion-Focused Therapy II (Dr. Dino Zuccarini, C.Psych.)

CCPPP: TBD (12:00pm-2:30pm)

February 17, 2023 Emotion-Focused Therapy: Case Conceptualization & Experiential Role Plays (Dr. Dino Zuccarini, C.Psych.)

February 24, 2023 Existential Therapy (Dr. Lila Hakim, C.Psych.)

The Cognitive-Behavioural Narratives

March 3, 2023 Behavioural Therapy (Dr. Aleks Milosevic, C.Psych.)

GTA-Wide Seminar: Early Careers (TBD.; 9:00am – 12:00pm)

Ottawa-Wide Seminar: Research-Informed Psychotherapy (Dr. George Tasca, C.Psych; 1:00pm – 2:30pm)

Ottawa-Wide Seminar: Working with Clients in High Conflict Divorces (Dr. Catherine Horvath, C.Psych; 3:00pm – 4:30pm)

March 10, 2023 Cognitive-Behavioural Theory; Cognitive-Behavioural Therapy: Depression (Dr. Aleks Milosevic, C.Psych.)

March 17, 2023 Cognitive-Behavioural Therapy: Generalized Anxiety Disorder (Dr. Aleks Milosevic, C.Psych.)

March 24, 2023 Cognitive-Behavioural Therapy: Social Anxiety Disorder (Dr. Aleks Milosevic, C.Psych.)

- March 31, 2023 Cognitive-Behavioural Therapy: Case Conceptualization, Transdiagnostic Issues & Experiential Role Plays (Dr. Aleks Milosevic, C.Psych.)
- April 1, 2023 Cognitive-Behavioural Therapy: Obsessive-Compulsive Disorder (Dr. Marc Bedard, C.Psych. (Supervised Practice))
- April 7, 2023 Acceptance & Commitment Therapy I (TBD)
- April 14, 2023 Acceptance & Commitment Therapy II (TBD)
- CCPPP: TBD (12:00pm-2:30pm)**
- April 21, 2023 Dialectical & Behaviour Therapy I (TBD)
- Ottawa-Wide Seminar: Private Practice** (Dr. Paul Basevitz, C.Psych and Dr. Pete Kelly, C. Psych; 3:00pm – 4:30pm)
- Ottawa-Wide Suggested Resident Social – CFIR Resident to Organize**
- April 27, 2023 Dialectical & Behaviour Therapy II (TBD)
- Post-modern, Feminist, Anti-Oppressive Clinical Narratives**
- May 5, 2023 Anti-Oppression Framework: Working with Diverse White, Asian, Latino/a, Middle Eastern, Black Communities (Dr. Lila Hakim, C.Psych. & Dr. Dino Zuccarini, C.Psych.)
- GTA-Wide Seminar: Registration** (TBD; 9:00am – 12:00pm)
- May 12, 2023 Transference and Countertransference: Recognizing Your Own Socio-Cultural, Historical Biases and Embeddedness In-Session / Oppression in Cross-Cultural Counselling: Ethnoracial Minority Clients and White Therapists (TBD)
- Ottawa-Wide Seminar: Cultural and Individual Differences - Housing and its instability** (Dr. Susan Farrell, C.Psych; 1:00pm – 2:30pm)
- Ottawa-Wide Seminar: Bridging Research and Clinical Practice – Key strategies to advocate and create innovative mental health and addiction treatment** (Dr. Kim Corace, C.Psych; 3:00pm – 4:30pm)

- May 19, 2023 Working with Indigenous Populations (TBD)
- May 26, 2023 Working with Sex Workers in Therapeutic Practice (Katherine Van Meyl, M.A.) / Working with Gender, Sexual Diversity & LGBTQ+ Communities (Dr. Dino Zuccarini, C.psych.)
- Complex Trauma and Trauma-Informed Clinical Narratives**
- June 2, 2023 Complex Trauma and PTSD Treatment: An Introduction (Dr. Dino Zuccarini, C.Psych.)
- June 9, 2023 Ego State Therapy, Internal Family Systems Theory (Dr. Dino Zuccarini, C.Psych.)
- GTA-Wide Seminar: Providing Psychological Services to LGBTQ2S+ Clients** (Dr. Leah Keating, C.Psych.; 9:00am – 12:00pm)
- June 16, 2023 Polyvagal-Informed Treatment (Dr. Dino Zuccarini,C.Psych.)
- CCPPP: TBD** (12:00pm-2:30pm)
- Ottawa-Wide Seminar: Psychotherapy in Private Practice** (Dr. Connie Dalton, C.Psych. and Dr. Jennifer Karp, C.Psych; 1:00pm – 4:00pm)
- June 23, 2023 Eye-Movement Desensitization Reprocessing Therapy (TBD)
- An Integrative Therapy Clinical Narrative**
- June 30, 2023 Integrative Phase Specific Model of Treatment: 1) Safety-Security, 2) Stabilization-Activation, 3) Ego Strengthening & Resiliency, 4) Representational Change, 5) Mobilization & Consolidation; Introduction to Integrative Therapy: Transforming the Self-in-Relation to Self and Other Experience (Dr. Dino Zuccarini, C.Psych.)
- July 7, 2023 Depressive Disorders: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.) / Generalized Anxiety Disorder: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.)

July 14, 2023 Social Anxiety Disorder: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.) / Trauma-Related Disorders: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.)

July 21, 2023 Eating Disorders: An Integrative Approach (Dr. Jean Kim, C.Psych.) / Substance Use Disorders: An Integrative Approach (Dr. Aleks Milosevic, C.Psych.)

Treatment Termination & Wrapping Up

July 28, 2023 Treatment Termination: Clinical, Practical & Ethical Considerations (Dr. Aleks Milosevic, C.Psych.)

August 4, 2023 Treatment Termination: Clinical, Practical & Ethical Considerations (Dr. Aleks Milosevic, C.Psych.)

August 11, 2023 Wrap-Up: Reflections and Evaluation (Dr. Jean Kim, C.Psych.; Dr. Aleks Milosevic, C.Psych)

Ottawa-Wide Seminar: Gender Identity, Sexual Identity and How they Intersect (Dr. Emma Dargie, C.Psych; 3:00pm – 4:30pm)

Ottawa-Wide Suggested Resident Social

August 18, 2023 No Seminar

August 25, 2023 No Seminar