2022-2023 RESIDENCY CLINICAL SEMINAR SERIES SCHEDULE

Facilitated by: Drs. Jean Kim, C.Psych., Dr. Aleks Milosevic, C.Psych., Dr. Dino Zuccarini, C.Psych.

Fridays 8:30 a.m. – 10:30 a.m. (2 hours, unless specified otherwise)
In-person and/or virtual (Huddle link)

The Clinical Seminar Series provides psychology residents an opportunity to learn about the present-day, mainstream theoretical approaches to psychopathology, applied interventions within these schools, and how to consider person, personality and individual differences, culture and race/ethnicity in treatment. A framework to consider the integration of treatments and an integrative conceptualization of disorders is also proffered. Clinical case discussions and experiential role-plays will be used when appropriate to support learning of clinical theory and application.

September 1, 2022

**Starting Up! Part 1** (Dr. Jean Kim, C.Psych, Dr. Aleks Milosevic, C.Psych.; 9:00am-5:00pm)

- CFIR Organizational Structure and Clinical Committee Values
- Residency at CFIR: Overview, Processes, & Procedures
- Ethics and the Professional Psychologist: Ethics and Jurisprudence: Standards of Professional Conduct; Ethical-Decision Making; Confidentiality and Privacy Regulations; Consent Forms
- Competencies and Professional Boundaries
- Case Management & Supervision: Penelope & Client Connect, Supervision Processes
- Intakes & Referrals: Intake Process; Assessing Appropriateness of Referral; Facilitating In-House Referrals; Release of Information Form; Website Profile as Referral Tool
- Free Consultations: Process Overview; Converting to First Session (*Video)
September 2, 2022  

**Starting Up! Part 2** (Dr. Jean Kim, C.Psych, Dr. Aleks Milosevic, C.Psych.; 9:00am-5:00pm)

**First Sessions:** First Session Checklist; Informed Consent; Confidentiality and Privacy; Consent to Release Information; Collaborative Goal Setting and Managing Treatment Expectations; Talking to Clients about Assessment; Treatment Monitoring (ORS-SRS)

**Assessment to Treatment:** Moving from Goal Setting to Assessment (General Battery Testing) to Diagnosis to Conceptualization to Treatment Planning to Applied Intervention Considerations

**General Battery Testing (Video) & Case Conceptualization**

**Client Retention Strategies (Video)**

**Reach Backs/Emails:** 1st Session, Post-2-3 Weeks, Final, End of Year, Vacation/Holiday Season

**Crisis and Risk Management:** Managing In-Session Crisis; Suicide & Homicide Risk Assessment and Interventions; Complex Clients and Difficult Scenarios

**Clinician Self-Care:** In-Session, After and Between-Session Care Strategies

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September 6, 2022

**Therapeutic Relationship, Client Factors, Integrative Treatment & Stabilization/Crisis/Risk Management** (Dr. Jean Kim, C.Psych., Dr. Aleks Milosevic, C. Psych.; 9:00am-5:00pm)

**Therapeutic Relationship:** Psycho-Sociocultural-Physiological-Affective Regulation System

**Developmental & Neurophysiological View of Psychopathology:** Psychoanalytic Theory, Attachment, Separation-Individuation, Narcissism

**Integrative Treatment:** Epistemological and Ontological Considerations; Being & Relating and Doing & Tasking

**Personality/Client-Factors/Diversity Factors in Therapeutic Relationship**
Complex Trauma: Stabilization Skills

Termination: Practical and Clinical Considerations (*Video); Therapeutic Relationship Considerations; Complex Client Reactions

Basic Clinical Skills & Experiential Role Plays: Listening, Reflection, Validation, Experiential Tracking, Being-Relating

The Psychoanalytic Narratives

September 9, 2022  Psychoanalytic/Psychodynamic Therapies: An Introduction (Dr. Dino Zuccarini, C.Psych.)

September 16, 2022  Psychoanalytic/Psychodynamic Therapies: An Introduction (Dr. Dino Zuccarini, C.Psych.)

Ottawa-Wide Resident Social Event (In person; 4:00pm)

September 23, 2022  Attachment Theory (Dr. Dino Zuccarini, C.Psych.)

September 30, 2022  Attachment Theory & Mentalization (Dr. Dino Zuccarini, C.Psych.)

GTA-Wide Seminar: Tricky Ethical Issues (Rick Morris; 9:00am – 12:00pm)

October 7, 2022  Attachment Theory: Case Conceptualization (Dr. Dino Zuccarini, C.Psych.)

October 14, 2022  Couples Therapy (Dr. Dino Zuccarini, C.Psych.)

CCPPP: TBD (12:00pm-2:30pm)

October 21, 2022  Separation-Individuation Theory I (Dr. Dino Zuccarini, C.Psych.)

Ottawa-Wide Seminar: Boundaries (Dr. Alex Rozen, C.Psych; 1:00pm – 2:30pm)

October 28, 2022  Separation-Individuation Theory II (Dr. Dino Zuccarini, C.Psych.)

November 4, 2022  Separation-Individuation Theory: Case Conceptualization (Dr. Dino Zuccarini, C.Psych)
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<tr>
<td>November 11, 2022</td>
<td>True Self-False Self / Self Psychology (Dr. Dino Zuccarini, C.Psych.)</td>
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<td>November 18, 2022</td>
<td><strong>GTA-Wide Seminar: Supervision</strong> (Dr. Diana Brecher, C.Psych.; 9:00am – 12:00pm)</td>
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<td><strong>Ottawa-Wide Seminar: Cultural and Individual Differences - Disabilities</strong> (Dr. Amanda Pontefract, C.Psych; 1:00pm – 2:30pm)</td>
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<td><strong>Ottawa-Wide Seminar: Cultural and Individual Differences – Two Indigenous Perspectives</strong> (Dr. Hazen Gandy; 3:00pm – 4:30pm)</td>
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<td>November 25, 2022</td>
<td>Self Psychology II (Dr. Dino Zuccarini, C.Psych.)</td>
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<td>December 2, 2022</td>
<td>Self Psychology: Case Conceptualization (Dr. Dino Zuccarini, C.Psych.)</td>
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<td>December 9, 2022</td>
<td>Levels of Personality Functioning (Neurotic versus Borderline) and Defenses (Dr. Aleks Milosevic, C.Psych.)</td>
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<td><strong>Ottawa-Wide Seminar: Licensure in Ontario</strong> (Dr. Mark Coates, C.Psych; 1:00pm – 4:00pm)</td>
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<td><strong>Ottawa-Wide Suggested Resident Social</strong></td>
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<td><strong>Program Evaluation &amp; Supervision</strong></td>
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<td>December 16, 2022</td>
<td>Program Development &amp; Evaluation (Jonathan Samosh, B.A.)</td>
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<td>December 23, 2022</td>
<td>Evidence-Based Supervision &amp; Evaluation of Supervision / Professional Identity Development &amp; Licensing Requirements (Dr. Aleks Milosevic, C.Psych.)</td>
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<td>December 30, 2022</td>
<td>Holiday (office closed; no seminar)</td>
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<td><strong>The Humanistic-Experiential-Existential Narratives</strong></td>
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<td>January 6, 2023</td>
<td>Client-Centered Therapy I (Dr. Dino Zuccarini, C.Psych.)</td>
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<td>January 13, 2023</td>
<td>Client-Centered Therapy II: Experiential Role Plays (Dr. Dino Zuccarini, C.Psych.)</td>
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Ottawa-Wide Seminar: Ethics (Rick Morris; 1:00pm – 4:00pm)

January 20, 2023  Focusing (Dr. Dino Zuccarini, C.Psych.)

January 27, 2023  Perceptual Processing Therapy (Dr. Lila Hakim, C.Psych.)

Ottawa-Wide Seminar: Supervision (TBD; 1:00pm – 4:00pm)

February 3, 2023  Emotion-Focused Therapy I (Dr. Dino Zuccarini, C.Psych.)

February 10, 2023  Emotion-Focused Therapy II (Dr. Dino Zuccarini, C.Psych.)

CCPPP: TBD (12:00pm-2:30pm)

February 17, 2023  Emotion-Focused Therapy: Case Conceptualization & Experiential Role Plays (Dr. Dino Zuccarini, C.Psych.)

February 24, 2023  Existential Therapy (Dr. Lila Hakim, C.Psych.)

The Cognitive-Behavioural Narratives

March 3, 2023  Behavioural Therapy (Dr. Aleks Milosevic, C.Psych.)

GTA-Wide Seminar: Early Careers (TBD.; 9:00am – 12:00pm)

Ottawa-Wide Seminar: Research-Informed Psychotherapy (Dr. George Tasca, C.Psych; 1:00pm – 2:30pm)

Ottawa-Wide Seminar: Working with Clients in High Conflict Divorces (Dr. Catherine Horvath, C.Psych; 3:00pm – 4:30pm)

March 10, 2023  Cognitive-Behavioural Theory; Cognitive-Behavioural Therapy: Depression (Dr. Aleks Milosevic, C.Psych.)

March 17, 2023  Cognitive-Behavioural Therapy: Generalized Anxiety Disorder (Dr. Aleks Milosevic, C.Psych.)

March 24, 2023  Cognitive-Behavioural Therapy: Social Anxiety Disorder (Dr. Aleks Milosevic, C.Psych.)
March 31, 2023  Cognitive-Behavioural Therapy: Case Conceptualization, Transdiagnostic Issues & Experiential Role Plays (Dr. Aleks Milosevic, C.Psych.)

April 1, 2023  Cognitive-Behavioural Therapy: Obsessive-Compulsive Disorder (Dr. Marc Bedard, C.Psych. (Supervised Practice))

April 7, 2023  Acceptance & Commitment Therapy I (TBD)

April 14, 2023  Acceptance & Commitment Therapy II (TBD)

**CCPPP: TBD** (12:00pm-2:30pm)

April 21, 2023  Dialectical & Behaviour Therapy I (TBD)

**Ottawa-Wide Seminar: Private Practice** (Dr. Paul Basevitz, C.Psych and Dr. Pete Kelly, C. Psych; 3:00pm – 4:30pm)

**Ottawa-Wide Suggested Resident Social – CFIR Resident to Organize**

April 27, 2023  Dialectical & Behaviour Therapy II (TBD)

**Post-modern, Feminist, Anti-Oppressive Clinical Narratives**

May 5, 2023  Anti-Oppression Framework: Working with Diverse White, Asian, Latino/a, Middle Eastern, Black Communities (Dr. Lila Hakim, C.Psych. & Dr. Dino Zuccarini, C.Psych.)

**GTA-Wide Seminar: Registration** (TBD; 9:00am – 12:00pm)

May 12, 2023  Transference and Countertransference: Recognizing Your Own Socio-Cultural, Historical Biases and Embeddedness In-Session / Oppression in Cross-Cultural Counselling: Ethnoracial Minority Clients and White Therapists (TBD)

**Ottawa-Wide Seminar: Cultural and Individual Differences - Housing and its instability** (Dr. Susan Farrell, C.Psych; 1:00pm – 2:30pm)

**Ottawa-Wide Seminar: Bridging Research and Clinical Practice – Key strategies to advocate and create innovative mental health and addiction treatment** (Dr. Kim Corace, C.Psych; 3:00pm – 4:30pm)
May 19, 2023  Working with Indigenous Populations (TBD)

May 26, 2023  Working with Sex Workers in Therapeutic Practice (Katherine Van Meyl, M.A.) / Working with Gender, Sexual Diversity & LGBTQ+ Communities (Dr. Dino Zuccarini, C.psych.)

**Complex Trauma and Trauma-Informed Clinical Narratives**

June 2, 2023  Complex Trauma and PTSD Treatment: An Introduction (Dr. Dino Zuccarini, C.Psych.)

June 9, 2023  Ego State Therapy, Internal Family Systems Theory (Dr. Dino Zuccarini, C.Psych.)

**GTA-Wide Seminar: Providing Psychological Services to LGBTQ2S+ Clients** (Dr. Leah Keating, C.Psych.; 9:00am – 12:00pm)

June 16, 2023  Polyvagal-Informed Treatment (Dr. Dino Zuccarini, C.Psych.)

**CCPPP: TBD** (12:00pm-2:30pm)

**Ottawa-Wide Seminar: Psychotherapy in Private Practice** (Dr. Connie Dalton, C.Psych. and Dr. Jennifer Karp, C.Psych; 1:00pm – 4:00pm)

June 23, 2023  Eye-Movement Desensitization Reprocessing Therapy (TBD)

**An Integrative Therapy Clinical Narrative**

June 30, 2023  Integrative Phase Specific Model of Treatment: 1) Safety-Security, 2) Stabilization-Activation, 3) Ego Strengthening & Resiliency, 4) Representational Change, 5) Mobilization & Consolidation; Introduction to Integrative Therapy: Transforming the Self-in-Relation to Self and Other Experience (Dr. Dino Zuccarini, C.Psych.)

July 7, 2023  Depressive Disorders: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.) / Generalized Anxiety Disorder: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.)
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<td>July 14, 2023</td>
<td>Social Anxiety Disorder: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.) / Trauma-Related Disorders: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.)</td>
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<td>July 21, 2023</td>
<td>Eating Disorders: An Integrative Approach (Dr. Jean Kim, C.Psych.) / Substance Use Disorders: An Integrative Approach (Dr. Aleks Milosevic, C.Psych.)</td>
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<td><strong>Treatment Termination &amp; Wrapping Up</strong></td>
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<td>Treatment Termination: Clinical, Practical &amp; Ethical Considerations (Dr. Aleks Milosevic, C.Psych.)</td>
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<td>Treatment Termination: Clinical, Practical &amp; Ethical Considerations (Dr. Aleks Milosevic, C.Psych.)</td>
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<td>August 11, 2023</td>
<td>Wrap-Up: Reflections and Evaluation (Dr. Jean Kim, C.Psych.; Dr. Aleks Milosevic, C.Psych)</td>
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<td><strong>Ottawa-Wide Seminar: Gender Identity, Sexual Identity and How they Intersect</strong> (Dr. Emma Dargie, C.Psych; 3:00pm – 4:30pm)</td>
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