



# CENTRE FOR INTERPERSONAL RELATIONSHIPS

## **PRE-DOCTORAL RESIDENCY CLINICAL SEMINAR SERIES SCHEDULE**

Facilitated by: Drs. Dino Zuccarini, Aleks Milosevic, Lila Hakim, C.Psych.  
Fridays 7:30 a.m. – 9:30 a.m. (2 hours, unless specified otherwise)

The Clinical Seminar Series provides pre-doctoral psychology residents an opportunity to learn about the present-day, mainstream theoretical approaches to psychopathology, applied interventions within these schools, and how to consider person, personality and individual differences, culture and race/ethnicity in the treatment of a wide range of disorders. A framework to consider the integration of treatments, and an integrative conceptualization of disorders is proffered. Experiential role-plays will be used when appropriate to support learning of theoretical constructs and their clinical applications.

September 4, 2020

**Starting Up!** (Dr. Aleks Milosevic, C.Psych. & Dr. Dino Zuccarini, C.Psych.; 3 hours)

Pre-Doctoral Residency at CFIR: Overview, Processes, & Procedures

Initial Sessions & Free Consultations

First Session Checklist: Informed Consent, Confidentiality and Privacy, Collaborative Goal Setting and Managing Treatment Expectations, Talking to Clients about Assessment, Session and Supervision Notes; Treatment Monitoring (ORS-SRS); First Session Experiential Role Plays

Referrals: Assessing Appropriateness of Referral; Facilitating In-House Referrals; Release of Information

Transference-Countertransference: In-Session Self and Relational Awareness

Clinician Self-Care: In-Session, After and Between Session Care Strategies

September 11, 2020

**Relationship and Treatment Considerations** (Dr. Aleks Milosevic, C.Psych. & Dr. Dino Zuccarini, C.Psych.; 3 hours)

Therapeutic Relationship: Client Retention Strategies (\*Video), Therapeutic Relationship, Personality/Client-Factors, Integrative Therapy and Therapeutic Relationship Considerations

Assessment to Treatment: Moving from Goal Setting to Assessment

(General Battery) to Diagnosis to Conceptualization to Treatment Planning to Applied Intervention Considerations (\*Video)

Integrative Phase-Specific Model: A Meta-Framework (or, a framework to think about frameworks)

Being & Relating and Doing & Tasking: In-Session/Between Session Change; Epistemological and Ontological Considerations

September 18, 2020

**Clients in Crisis, Complex and Difficult Clients and Person Factors in Treatment** (Dr. Aleks Milosevic, C.Psych.; 3 hours)

Crisis and Risk Management: Managing In-Session Crisis; Suicide & Homicide Risk Assessment and Interventions; Complex Clients and Difficult Scenarios

Consideration of Personality, Individual Differences, Attachment Styles, Culture and Race/Ethnicity of Client

September 25, 2020

**Ethics and the Professional Psychologist** (Dr. Aleks Milosevic, C.Psych.; 3 hours)

Ethics and Jurisprudence I: Standards of Professional Conduct, Ethical-Decision Making, Confidentiality and Privacy Regulations

October 2, 2020

**GTA-Wide Seminar: Tricky Ethical Issues** (Rick Morris; 3 hours) (\*Toronto residents only)

**Clinical Narratives About Anxiety, Depression, Trauma and Personality: Case Conceptualization, Experiential Role Plays**

The Psychoanalytic Narratives

October 9, 2020

Freud's Structural and Topographical Model to Object Relations (Dr. Dino Zuccarini, C.Psych.)

October 16, 2020

Attachment Theory; Mentalization (Dr. Dino Zuccarini, C.Psych.)

October 23, 2020

Separation-Individuation Theory (Dr. Dino Zuccarini, C.Psych.)

**GTA-Wide Seminar: Program Evaluation** (Dr. Sean Kidd, C.Psych.; 3 hours) (\*Toronto residents only)

October 30, 2020	Self Psychology (Dr. Dino Zuccarini, C.Psych.)
November 6, 2020	Levels of Personality Functioning (Neurotic versus Borderline) and Defenses (Dr. Aleks Milosevic, C.Psych.)
	<b>CCPP Seminar: Human Rights and Social Justice</b> (Dr. Ada Sinacore, C.Psych; 12pm-3pm) (*all residents)
November 13, 2020	Levels of Personality Functioning (Neurotic versus Borderline) and Defenses (Dr. Aleks Milosevic, C.Psych.)
	<u>The Existential-Humanistic-Experiential Narratives</u>
November 20, 2020	Existential Therapy; Client-Centred Therapy (Dr. Dino Zuccarini, C.Psych.)
November 27, 2020	Emotion-Focused Therapy (Dr. Dino Zuccarini, C.Psych.)
(*Toronto	<b>GTA-Wide Seminar: Supervision</b> (Dr. Diana Brecher, C.Psych.; 3 hours) residents only)
December 4, 2020	Emotion-Focused Therapy (Dr. Dino Zuccarini, C.Psych.)
December 11, 2020	Focusing (Dr. Dino Zuccarini, C.Psych.)
	<u>The Cognitive-Behavioural Narratives</u>
December 18, 2020	Behavioural Therapy (Dr. Aleks Milosevic, C.Psych.)
December 25, 2020	Holiday (office closed; no seminar)
January 1, 2021	Holiday (office closed; no seminar)
January 8, 2021	Cognitive-Behavioural Therapy (Dr. Aleks Milosevic, C.Psych.)
January 15, 2021	Cognitive-Behavioural Therapy-DBT (Dr. Aleks Milosevic, C.Psych.)
January 22, 2021	Cognitive-Behavioural Therapy-ACT (Dr. Aleks Milosevic, C.Psych.)
January 29, 2021	Cognitive-Behavioural Therapy-MBSR (Dr. Aleks Milosevic, C.Psych.)

### Other Clinical Narratives

February 5, 2021 Postmodern-Narrative; Feminist; Systems; Anti-Oppression Framework (Dr. Dino Zuccarini, C.Psych.)

**GTA-Wide Seminar: Early Careers** (panel; 3 hours) (\*Toronto residents only)

February 12, 2021 Interpersonal Therapy (Dr. Dino Zuccarini, C.Psych.)

### Trauma-Focused Narratives

February 19, 2021 Poly Vagal Nerves and Trauma; Somatic Experiencing; EMDR (Dr. Dino Zuccarini, C.Psych.)

**CCPPP Seminar: Anti-Racism** (Dr. Anusha Kassan, C.Psych; 12pm-3pm) (\*all residents)

February 26, 2021 Poly Vagal Nerves and Trauma; Somatic Experiencing; EMDR (Dr. Dino Zuccarini, C.Psych.)

### Multicultural Frameworks: Working with Cultural Diversity and the Post-Modern Turn

March 5, 2021 Socio-cultural Context and Mental Health: Race, Culture, Personality and Social Identities and Treatment (Dr. Dino Zuccarini, C.Psych.)

Transference and Countertransference: Recognizing Your Own Socio-Cultural, Historical Biases and Embeddedness In-Session (Dr. Dino Zuccarini, C.Psych.)

March 12, 2021 Working with Diverse White, Asian, Latino/a, Middle-Eastern, Black Communities (Dr. Dino Zuccarini, C.Psych.)

March 19, 2021 Working with LGBTQ+ Communities (Dr. Dino Zuccarini, C.Psych.)

March 26, 2021 Working with Gender and Sexual Diversity (Dr. Dino Zuccarini, C.Psych.)

### **Integrative Therapy**

### Integrative Phase Specific Model of Treatment

April 2, 2021	Safety/Security (Dr. Dino Zuccarini, C.Psych.)
April 9, 2021	Stabilization/Activation (Dr. Dino Zuccarini, C.Psych.)
April 16, 2021	Ego Strengthening & Resiliency (Dr. Dino Zuccarini, C.Psych.)
April 23, 2021	Representational Change (Dr. Dino Zuccarini, C.Psych.)
	<b>GTA-Wide Seminar: The Registration Process, CPO</b> (TBD; 3 hours) (*Toronto residents only)
April 30, 2021	Mobilization and Consolidation (Dr. Dino Zuccarini, C.Psych.)
	<b>Integrative Therapy: Conceptualization and Treatment of Disorders</b>
May 7, 2021	Experience Near Conceptualizations of the Self's Experience in Relation to Self, Other and the World (Dr. Dino Zuccarini, C.Psych.)
	<b>CCPPP Seminar: Advocacy</b> (Dr. Karen Cohen; 12pm-3pm) (*all residents)
May 14, 2021	Integrative Therapy and Depression and Anxiety (Dr. Dino Zuccarini, C.Psych.)
May 21, 2021	Integrative Therapy and Depression and Anxiety (Dr. Dino Zuccarini, C.Psych.)
May 28, 2021	Integrative Therapy and Generalized Anxiety (Dr. Dino Zuccarini, C.Psych.)
June 4, 2021	Integrative Therapy and Social Anxiety (Dr. Dino Zuccarini, C.Psych.)
June 11, 2021	Integrative Therapy and Eating Disorders (Dr. Dino Zuccarini, C.Psych.)
	<b>GTA-Wide Seminar: Rainbow Health Ontario</b> (TBD; 3 hours) (*Toronto residents only)
June 18, 2021	Integrative Therapy and Substance Use Disorders (Dr. Aleks Milosevic, C.Psych.)
	<b>CCPPP Seminar: Ethics in Social Media</b> (Dr. Amanada Marazan, C.Psych.; 12pm-3pm) (*all residents)
June 25, 2021	Integrative Therapy and Trauma Disorders (Dr. Dino Zuccarini, C.Psych.)

### Treatment Termination

- July 2, 2021 Practical and Clinical Considerations (\*Video) (Dr. Aleks Milosevic, C.Psych.)
- July 9, 2021 Therapeutic Relationship Considerations (Dr. Aleks Milosevic, C.Psych.)
- July 16, 2021 Difficult and/or Complex Clients (Dr. Aleks Milosevic, C.Psych.)

### Ethics and Professional Practice

- July 23, 2021 Ethics and Professional Practice Issues (Dr. Aleks Milosevic, C.Psych.)
- July 30, 2021 Ethics and Professional Practice Issues (Dr. Aleks Milosevic, C.Psych.)
- August 6, 2021 Ethics and Professional Practice Issues (Dr. Aleks Milosevic, C.Psych.)

### Developing Your Professional Identity and Clinical Practice

- August 13, 2021 Defining Populations & Enhancing Clinical Competencies (Dr. Aleks Milosevic, C.Psych.)
- CCPPP Seminar: Transitioning from Students to Employee** (Dr. Joanne Savoie, C.Psych.; 12pm-3pm) (\*all residents)
- August 20, 2021 Licensing Requirements (Dr. Aleks Milosevic, C.Psych.)
- August 27, 2021 Beyond Licensure Options: Professional Practice in Multidisciplinary Settings, Hospital, Community-Based and Private Practice (Dr. Aleks Milosevic, C.Psych.)