### PRE-DOCTORAL RESIDENCY CLINICAL SEMINAR SERIES SCHEDULE

Facilitated by: Drs. Dino Zuccarini, Aleks Milosevic, Lila Hakim, C.Psych.
Fridays 7:30 a.m. – 9:30 a.m. (2 hours, unless specified otherwise)

The Clinical Seminar Series provides pre-doctoral psychology residents an opportunity to learn about the present-day, mainstream theoretical approaches to psychopathology, applied interventions within these schools, and how to consider person, personality and individual differences, culture and race/ethnicity in the treatment of a wide range of disorders. A framework to consider the integration of treatments, and an integrative conceptualization of disorders is proffered. Experiential role-plays will be used when appropriate to support learning of theoretical constructs and their clinical applications.

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<tr>
<th>Date</th>
<th>Topic</th>
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<tr>
<td>September 4, 2020</td>
<td><strong>Starting Up!</strong> (Dr. Aleks Milosevic, C.Psych. &amp; Dr. Dino Zuccarini, C.Psych.; 3 hours)</td>
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<tr>
<td></td>
<td>Pre-Doctoral Residency at CFIR: Overview, Processes, &amp; Procedures</td>
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<td>Initial Sessions &amp; Free Consultations</td>
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<td>First Session Checklist: Informed Consent, Confidentiality and Privacy, Collaborative Goal Setting and Managing Treatment Expectations, Talking to Clients about Assessment, Session and Supervision Notes; Treatment Monitoring (ORS-SRS); First Session Experiential Role Plays</td>
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<td>Referrals: Assessing Appropriateness of Referral; Facilitating In-House Referrals; Release of Information</td>
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<td>Transference-Countertransference: In-Session Self and Relational Awareness</td>
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<td>Clinician Self-Care: In-Session, After and Between Session Care Strategies</td>
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<td>September 11, 2020</td>
<td><strong>Relationship and Treatment Considerations</strong> (Dr. Aleks Milosevic, C.Psych. &amp; Dr. Dino Zuccarini, C.Psych.; 3 hours)</td>
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<td>Therapeutic Relationship: Client Retention Strategies (*Video), Therapeutic Relationship, Personality/Client-Factors, Integrative Therapy and Therapeutic Relationship Considerations</td>
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<td>Assessment to Treatment: Moving from Goal Setting to Assessment</td>
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(General Battery) to Diagnosis to Conceptualization to Treatment Planning to Applied Intervention Considerations (*Video)

**Integrative Phase-Specific Model:** A Meta-Framework (or, a framework to think about frameworks)

**Being & Relating and Doing & Tasking:** In-Session/Between Session Change; Epistemological and Ontological Considerations

**September 18, 2020**

**Clients in Crisis, Complex and Difficult Clients and Person Factors in Treatment** (Dr. Aleks Milosevic, C.Psych.; 3 hours)

*Crisis and Risk Management:* Managing In-Session Crisis; Suicide & Homicide Risk Assessment and Interventions; Complex Clients and Difficult Scenarios

Consideration of Personality, Individual Differences, Attachment Styles, Culture and Race/Ethnicity of Client

**September 25, 2020**

**Ethics and the Professional Psychologist** (Dr. Aleks Milosevic, C.Psych.; 3 hours)

*Ethics and Jurisprudence I:* Standards of Professional Conduct, Ethical Decision Making, Confidentiality and Privacy Regulations

**October 2, 2020**

**GTA-Wide Seminar: Tricky Ethical Issues** (Rick Morris; 3 hours) (*Toronto residents only)

**Clinical Narratives About Anxiety, Depression, Trauma and Personality: Case Conceptualization, Experiential Role Plays**

*The Psychoanalytic Narratives*

**October 9, 2020**

Freud’s Structural and Topographical Model to Object Relations (Dr. Dino Zuccarini, C.Psych.)

**October 16, 2020**

Attachment Theory; Mentalization (Dr. Dino Zuccarini, C.Psych.)

**October 23, 2020**

**GTA-Wide Seminar: Program Evaluation** (Dr. Sean Kidd, C.Psych.; 3 hours) (*Toronto residents only)
October 30, 2020  Self Psychology (Dr. Dino Zuccarini, C.Psych.)

November 6, 2020  Levels of Personality Functioning (Neurotic versus Borderline) and Defenses (Dr. Aleks Milosevic, C.Psych.)

**CCPP Seminar: Human Rights and Social Justice** (Dr. Ada Sinacore, C.Psych; 12pm-3pm) (*all residents*)

November 13, 2020  Levels of Personality Functioning (Neurotic versus Borderline) and Defenses (Dr. Aleks Milosevic, C.Psych.)

The Existential-Humanistic-Experiential Narratives

November 20, 2020  Existential Therapy; Client-Centred Therapy (Dr. Dino Zuccarini, C.Psych.)

November 27, 2020  Emotion-Focused Therapy (Dr. Dino Zuccarini, C.Psych.)

(*Toronto residents only)

GTA-Wide Seminar: Supervision (Dr. Diana Brecher, C.Psych.; 3 hours)

December 4, 2020  Emotion-Focused Therapy (Dr. Dino Zuccarini, C.Psych.)

December 11, 2020  Focusing (Dr. Dino Zuccarini, C.Psych.)

The Cognitive-Behavioural Narratives

December 18, 2020  Behavioural Therapy (Dr. Aleks Milosevic, C.Psych.)

December 25, 2020  Holiday (office closed; no seminar)

January 1, 2021  Holiday (office closed; no seminar)

January 8, 2021  Cognitive-Behavioural Therapy (Dr. Aleks Milosevic, C.Psych.)

January 15, 2021  Cognitive-Behavioural Therapy-DBT (Dr. Aleks Milosevic, C.Psych.)

January 22, 2021  Cognitive-Behavioural Therapy-ACT (Dr. Aleks Milosevic, C.Psych.)

January 29, 2021  Cognitive-Behavioural Therapy-MBSR (Dr. Aleks Milosevic, C.Psych.)
Other Clinical Narratives

February 5, 2021
Postmodern-Narrative; Feminist; Systems; Anti-Oppression Framework (Dr. Dino Zuccarini, C.Psych.)

GTA-Wide Seminar: Early Careers (panel; 3 hours) (*Toronto residents only)

February 12, 2021
Interpersonal Therapy (Dr. Dino Zuccarini, C.Psych.)

Trauma-Focused Narratives

February 19, 2021
Poly Vagal Nerves and Trauma; Somatic Experiencing; EMDR (Dr. Dino Zuccarini, C.Psych.)

CCPPP Seminar: Anti-Racism (Dr. Anusha Kassan, C.Psych; 12pm-3pm) (*all residents)

February 26, 2021
Poly Vagal Nerves and Trauma; Somatic Experiencing; EMDR (Dr. Dino Zuccarini, C.Psych.)

Multicultural Frameworks: Working with Cultural Diversity and the Post-Modern Turn

March 5, 2021
Socio-cultural Context and Mental Health: Race, Culture, Personality and Social Identities and Treatment (Dr. Dino Zuccarini, C.Psych.)

Transference and Countertransference: Recognizing Your Own Socio-Cultural, Historical Biases and Embeddedness In-Session (Dr. Dino Zuccarini, C.Psych.)

March 12, 2021
Working with Diverse White, Asian, Latino/a, Middle-Eastern, Black Communities (Dr. Dino Zuccarini, C.Psych.)

March 19, 2021
Working with LGBTQ+ Communities (Dr. Dino Zuccarini, C.Psych.)

March 26, 2021
Working with Gender and Sexual Diversity (Dr. Dino Zuccarini, C.Psych.)

Integrative Therapy

Integrative Phase Specific Model of Treatment
April 2, 2021  Safety/Security (Dr. Dino Zuccarini, C.Psych.)

April 9, 2021  Stabilization/Activation (Dr. Dino Zuccarini, C.Psych.)

April 16, 2021  Ego Strengthening & Resiliency (Dr. Dino Zuccarini, C.Psych.)

April 23, 2021  Representational Change (Dr. Dino Zuccarini, C.Psych.)

GTA-Wide Seminar: The Registration Process, CPO (TBD; 3 hours) (*Toronto residents only)

April 30, 2021  Mobilization and Consolidation (Dr. Dino Zuccarini, C.Psych.)

Integrative Therapy: Conceptualization and Treatment of Disorders

May 7, 2021  Experience Near Conceptualizations of the Self’s Experience in Relation to Self, Other and the World (Dr. Dino Zuccarini, C.Psych.)

CCPPP Seminar: Advocacy (Dr. Karen Cohen; 12pm-3pm) (*all residents)

May 14, 2021  Integrative Therapy and Depression and Anxiety (Dr. Dino Zuccarini, C.Psych.)

May 21, 2021  Integrative Therapy and Depression and Anxiety (Dr. Dino Zuccarini, C.Psych.)

May 28, 2021  Integrative Therapy and Generalized Anxiety (Dr. Dino Zuccarini, C.Psych.)

June 4, 2021  Integrative Therapy and Social Anxiety (Dr. Dino Zuccarini, C.Psych.)

June 11, 2021  Integrative Therapy and Eating Disorders (Dr. Dino Zuccarini, C.Psych.)

GTA-Wide Seminar: Rainbow Health Ontario (TBD; 3 hours) (*Toronto residents only)

June 18, 2021  Integrative Therapy and Substance Use Disorders (Dr. Aleks Milosevic, C.Psych.)

CCPPP Seminar: Ethics in Social Media (Dr. Amanada Marazan, C.Psych.; 12pm-3pm) (*all residents)

June 25, 2021  Integrative Therapy and Trauma Disorders (Dr. Dino Zuccarini, C.Psych.)
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<tr>
<td>July 2, 2021</td>
<td>Practical and Clinical Considerations (*Video) (Dr. Aleks Milosevic, C.Psych.)</td>
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<td>July 9, 2021</td>
<td>Therapeutic Relationship Considerations (Dr. Aleks Milosevic, C.Psych.)</td>
<td>Dr. Aleks Milosevic, C.Psych.</td>
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<td>July 16, 2021</td>
<td>Difficult and/or Complex Clients (Dr. Aleks Milosevic, C.Psych.)</td>
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<td><strong>Ethics and Professional Practice</strong></td>
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<td>July 23, 2021</td>
<td>Ethics and Professional Practice Issues (Dr. Aleks Milosevic, C.Psych.)</td>
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<td>July 30, 2021</td>
<td>Ethics and Professional Practice Issues (Dr. Aleks Milosevic, C.Psych.)</td>
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<td>August 6, 2021</td>
<td>Ethics and Professional Practice Issues (Dr. Aleks Milosevic, C.Psych.)</td>
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<td><strong>Developing Your Professional Identity and Clinical Practice</strong></td>
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<td>August 13, 2021</td>
<td>Defining Populations &amp; Enhancing Clinical Competencies (Dr. Aleks Milosevic, C.Psych.)</td>
<td>Dr. Aleks Milosevic, C.Psych.</td>
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<td><strong>CCPPP Seminar: Transitioning from Students to Employee</strong> (Dr. Joanne Savoie, C.Psych.; 12pm-3pm) (*all residents)</td>
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<td>August 20, 2021</td>
<td>Licensing Requirements (Dr. Aleks Milosevic, C.Psych.)</td>
<td>Dr. Aleks Milosevic, C.Psych.</td>
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<td>August 27, 2021</td>
<td>Beyond Licensure Options: Professional Practice in Multidisciplinary Settings, Hospital, Community-Based and Private Practice (Dr. Aleks Milosevic, C.Psych.)</td>
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